# V.S.R Government Degree and P.G College-Movva

# **DEPARTMENT OF PHYSICAL EDUCATION**

## **PROFILE**



#### **History of the Department**

As Vivekananda said "youth with iron muscles will be required for our country". Keeping this in mind, our site donors donate 4.72 acers of land for establish of college along with sporting facilities in the year1984. From the insertion of the college there is a sanction post in the department with a Vision & Mission.

In our college many students who have shown their talent in sports and games are getting jobs in different fields. Though ours is a backward rural area and we face many difficulties, our students got trained in various sports in our college have got good recognition and got medals at university, state and national levels.

#### **OUR COLLEGE PHYSICAL EDUCATION**

The Department of our College, deeply believes in the implementation of the saying "A sound mind is a Sound Body". Since its inception Our College, has always given Games and sports utmost importance while planning a comprehensive programme of physical education for boys and girls in the campus.

#### **Play Ground Facilities Available**

- Our College, has a sprawling playground. We have two volley ball courts, one ball badminton courts, one kabaddi courts, one Badminton court and one in the playground.
- There is a 400 mts track for athletic track. Discuss throw, javelin throw, shot put, can be practiced by the students in playground. We also have cricket pitch for practice.
- Indoor Facilities: Chess, Caroms. We have Chess boards, two carom boards and also acquired the 12 station multy GYM, Bench press, dumbells, exercise bicycle weight lifting equipment for the benefit our students,

## **Games & Sports Committee:**

Every year a committee is formed namely "games & sports committee" with Nine members, The principal, physical director, two lectures and five students (Both Boys& Girls) in that committee.

### Vision

- To motivate the students to enter into the playground for physical fitness.
- To offer additional training for the enrichment of the outstanding sports persons.
- To motivate students and staff to achieve all-round development through the utilization of the facilities in the department.
- To work collaboratively and strive to support the mission through our commitment for outstanding teaching, service and professional development.
- The Department wishes to create more facilities for existing courts.
- The Department wishes to have a sports pavilion in tune with the changing needs of the times.
- To promote leadership, teamwork, community services, values, diversity and lifelong learning.

### Mission

- The Mission of the Department of Physical Education is to provide Physical Education and Recreation with emphases on sports Training Physical Exercises and Outdoor and Indoor Recreation.
- The Department wishes to keep the playground and all other facilities readily available not only for the students and staff of the college but also for use by the youth, public upcoming young generations of the surrounding villages.
- The Department wishes to provide a broad discipline approach for optimal promotion of physical activity, recreation, fitness, health and quality of life for all.

### **Objectives**

- To understand the role of Physical activity in Holistic Personality development.
- By utilizing food(Physical)
- By eradicating Stress(Mental)
- By creating sportsmanship (heart Affective)
- To promote the methods of maintaining physical personality excellence among the members of local society and public at large
- To develop cognitive skills

#### Goals

- To Develop Teamwork, Sportsmanship, and Cooperation
- To teach the values of fitness and exercise
- To develop healthy and social interactions

V.S.R GOVERNMENT DEGREE AND P.G COLLEGE- MOVVA DEPARTMENT OF PHYSICAL EDUCATION DEPARTMENTAL ACTIVITIES						
Laying various play fields in the college campus	Motivate students participation in games and sports every day	Nominate games and sports committee and conduct regular meetings.	Feeding college teens to KRU inter College tournaments.	Attending as coach manager and selections committee member duties of various sports associations and universities.	Organising college assembly and devil deliver motivation speeches	Providing access to public and federation to use college grounds.
procuring and providing sports equipment	Collect game voice optional and specialisation forms from students regarding all games and sports	Organising special days and annual day competitions and select college team probably	Feeding talented players to attend University district state team selections	Feeding universities state district teams to iut National and state meet tournaments.	Maintain discipline College campus	Organising coaching campus for school children on car with college students
Maintaining play fields and enrich play facilities	Nominate event incharge according to optional forms and maintain daily player attendance books	Organising and participate in city languages and friendly tournament	Organising Inter collegeate Tournments ,and university team selections	Involve in research activities like attending seminars workshop and paper publications.	take part in administration and admissions work.	Laying of play feels in and around Movva.
Maintain and Up- date department Records Time to time	Providing recreation games to staff and students academic toppers.	Organising intensive coaching camp to college teams in view of inter College tournaments	Organising University National teams selection tiles and coaching campus.	Attending fdps refresher short term courses.	Involve in various college comedies as a convener and member.	Providing training to students who are appearing for pe set and recruitment in police and services.
Dept.Activities display in departmental Notice boards Regularly	Nominate games and sports committee and conduct regular meetings.	Summer base level coaching campus.	Organising state level,inter university and national leval tournment	Maintaining department library	Organising students functions.	